



## Version 1.62.5 (release date 20-5-2022)

## Functional

• Changed some feedback texts for energymeter (MIT R&D) project.

## Version 1.62.4 (release date 29-4-2022)

### Functional

- Implemented option to ask for feedback for energymeter (MIT R&D) project.
- Implemented option for input logging for energymeter (MIT R&D) project.
- Implemented option for data upload for energymeter (MIT R&D) project.

### Technical

- Improved handling of mouse and keyboard events to remove / lower amount of mouse stuttering.
- Send Mail button in survey report did not start e-mail client. This is now fixed.
- Null reference exception in WorkDayPassedService in exceptional cases. This is now fixed.
- SymmetricKey set to null did not work anymore. This is now fixed.
- Optcredentials passed to server when opening survey now use \_optcredentials in query string.

## Version 1.59.2 (release date 21-1-2022)

### Functional

• Corporate newsflashes support added. Can centrally be managed via (additional) W&M Analytics license.

## i) Corporate newsflashes

- Monitor mode is improved. Turning on monitor mode will result in:
  - $\circ$   $\;$  Tray icon will only show open and close option
  - Opening W&M will only show help screen
  - o No dashboards will be displayed at startup
  - No popups will be displayed
  - No startup wizard will be displayed except logon wizard when LogonOnStartup is enabled.
- UK default RSS feed has been changed to BBC, because Reuters does not expose an RSS feed anymore.
- Centralised roll-out: tip category changes can be disabled on a per category basis by configuration (tipsettings.json).

### Technical

- When the token is generated for a different clientid then is set in OnlineAuthServerClientId the token is now assumed as invalid.
- Ritual window does not take the focus on popup anymore.
- The option for changing a tip category is enabled by default in configuration (tipsettings.json) and has been renamed from IsEnabled to DefaultState.







## Version 1.57.2 (release date 19-11-2021)

## Functional

• Time-out Pitstop window: will now first show time-out info for the first 30 seconds. After 30 seconds the concentration boost content isshown. This gives a time-out dynamically changing content every 30 seconds!

	Ignore
Experts prescribe regular pit stops during computer use.	
In total, you have taken 0 minutes of pit stops in the last 2 ho MOVE advises you to take a 10 minute Concentration Boost.	urs. WORK &
10:00 Snooze	10 min ~

- Centralised roll-out combined with (additional) W&M Analytics: it is now possible to specify that W&M shows a logon screen if the user is not logged on yet. If SSO is used the logon screen will automatically close and the user is logged-on automatically.
- Centralised roll-out combined with (additional) W&M Analytics: W&M will ask the user to allow analytics upload if the user is logged on and the user has to grand upload explicitly. This can be turned off by configuration.

### Technical

- It is now possible to use federated logon (and SSO) with W&M client.
- It is now possible to use W&M Client when OTP is disabled.
- Statistics graphs did not render correctly when not data was present in the selected period. Fixed.
- Opening survey with expired refresh tokens could crash. This is now fixed.
- Windows 11 21H2 support has been tested and added.

### Version 1.54.2 (release date 25-8-2021)

#### Functional

• You now have the option to disable medals and compliments as pitstop texts.

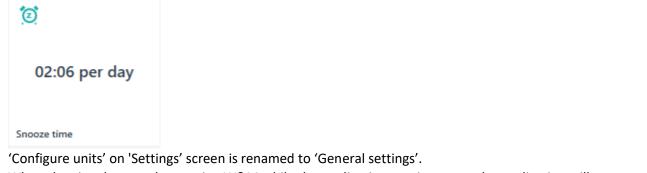








• The statistics screen now has a tile which displays snooze time per day.



• When shutting down and restarting W&M while the application was in snooze the application will now continue to snooze if the end of the snooze period has not been reached. Previously the snooze was always cancelled on shutdown.

## Technical

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• When using monitor sitstand profile the natural breaks where not detected even when no table was connected. Fixed.

## Version 1.53.3 (release date 29-07-2021)

#### Functional

• Time-out interval and duration can now be configured.

Category	Time	Enabled	Forced	Interval	Duration
Time-out				2 hours	✓ 10 min

• Hide null data points in Activity, Pitstops and Skill line charts.

### Technical

- Resolved bug which caused time-outs to always take the time set in the settings. This is now corrected to take the time set in the setting minus pauses already taken.
- Now a new license is automatically downloaded when the application starts 7 days before expiration date, if the user has a server connection (and is logged in).
- Autorun key in msi installer was missing quotes which could cause different programs to be executed. Fixed.
- When changing language setting the tray icon menu did not update correctly. Fixed.
- Browser window now has a refresh option, and the show source option is removed.
- Updated all 3<sup>rd</sup> party controls.

## Version 1.52.2 (release date 30-06-2021)

### Functional

• It is now possible to snooze notifications for 10, 20, 60 and 120 minutes via the right mouse menu of the WORK & MOVE system tray icon. It also has an option to end the snooze immediately when a snooze is







## active.

		-	1 1	
Open		10 min		Open
Show	status	20 min		Show status
Stand	Up	 1 hour		Stand Up
Snooz	ie 🕨	2 hours		End snooze
Exit				Exit

• LOGICDATA (LOGIClink) support is deactivated by default. It can be activated in the CONFIGURE DESK settings screen.

Detect LogicLink desks (experimental)

-	N I	_
	N	n
1	1	v

• Statistics CALORIES BURNED, in the absence of value weight of the user, are calculated based on a generic average weight as is done in WORK & MOVE Analytics.

## Technical

• New algorithm to determine typos. A typo is registered when the backspace key is pressed. Pressing the backspace key multiple times only counts as 1 typo. If a keyboard or mouse button is pressed between the backspace keys it counts as a new typo.

## Version 1.50.6 (release date 21-05-2021)

### Technical

• WORK & MOVE application crashes on exit in exceptional cases. NullReferenceException in WndProc. This has been fixed.

## Version 1.50.3 (release date 22-04-2021)

### Technical

- When shutting down the software, in occasional cases there might be an error message. This was caused by the communication service range being disposed. This has been fixed.
- The browser control that is used for logging into the server and showing questionnaires in WORK & MOVE has been updated to the latest version so that the latest security fixes of Chrome are present.

### Version 1.47.5 (release date 29-01-2021)

### Technical

- In some situations energizers / concentration boost and timeouts remained on screen for some time even though the break had ended.
- The new NLdigital licence conditions have been incorporated in the software.
- In some cases the time-out did not show up while it should have.







- Optionally you can choose to play a sound when WORK & MOVE notification is shown. This is configurable via Settings Display settings.
- A theme "enhanced readability" has been added. If you select this theme you will get among other things larger letters and a higher contrast. This is especially useful for people with impaired vision. This is adjustable via Settings Display settings.
- Within the WORK & MOVE software tab order and tab stop has been improved making it easier to navigate through WORK & MOVE using keyboard shortcuts.
- A narrator function has been added. This is for example helpful for people with a visual impairment.
- The tip categories have been adjusted and expanded to include tips for eye yoga, exercises and vision impairment.

## Version 1.40.1 (release date 30-06-2020)

## Functional

• The trial period has been reduced from 90 to 30 days.

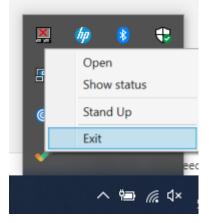
## Technical

• When a usb cable was pulled from the laptop while the table was moving, it could lead to unexpected shutdown of W&M. This has been fixed.

## Version 1.36.1 (release date 06-03-2020)

### Technical

- The option to hide certain pit stop profiles when deploying WORK & MOVE. E.g. suppress the pit stop profile "Monitor" so that it is not available.
- The possibility to hide the "Exit" button in the icon tray when deploying WORK & MOVE.



## Version 1.34.3 (release date 16-01-2020)

### Functional

• The possibility to include an organization logo in WORK & MOVE.







• The ability to include various links to URLs from the Help tab.

WORK& MOVE			logo
?	WORK & MOVE WORK & MOVE WORK & MOVE Hasses WORK & MOVE Hepdenk WORK & MOVE Hepdenk About this App WORK & MOVE vesion 1340-siphs Copyright © Listaber@Relation User Info		
	tester (Breche) Sep not My Corporate support (US) Click here to create a support (Iddat Click here to create a support lidet Click here to create a t-mail lidet	URL links	

• In the tip category "Physical health", Movement tips and Exercises are separately adjustable.

### Technical

- Logging has been improved and now also stacktraces are logged.
- Logging has been improved so that errors when loading settings also appear in the log.
- Logging settings have been moved from appsettings to installsettings.

### Version 1.33.3 (release date 06-12-2019)

### Functional

• The Italian language is no longer available in WORK & MOVE.

### Technical

- Ability to define a path with environment variable (such as %username%) in the RoamingUserSettingsPath and NonRoamingUserSettingsPath in InstallSettings.
- Ability to hide Signin, ShowLicense, ShowLicenseAgreement buttons via appsettings.
- Several 3rd party controls have been optimized.
- The recovery files (.json.bak) have been improved.

### Version 1.31.4 (release date 31-10-2019)

## Functional

• Functionality to manually activate or deactivate the 'Learning on the job' again. Via Settings - Tips settings.

Restart learning on the job tips		Stop showing learning on the job tips	
In this series of tips you will rece	i۱	re an explanation on how WORK & M	OVE works along with its benefits.
Learning on the job			

• At Energisers and Concentration boost the subcategory in the title is now shown.







• Renamed in the tip categories and added icons.

Enable tip categories	
- 🔂 Courses	i
Acceptance and Commitment	
Getting Things Done	
👻 🌳 Fun	i
- 🐨 Mental health	i
▼ 🔳 Newsflashes	i
- 🔁 Others	i
<ul> <li>Physical health</li> </ul>	i

### Technical

- The startup of the WORK & MOVE pit stop messages has been considerably accelerated.
- Showing the individual statistics is limited between yesterday and 365 days back.
- Issues with the workplace passport have been resolved when defining dimensions in inches.
- Added LOGIClink support on Windows 8.0 and 8.1, for sit-stand desks
- Added Linak LIN2USB support, for sit-stand desks.
- Structure changed so that eventstore.vdb5 file grows significantly less fast.
- Improved error message for reading in invalid licenses.
- Adjusted the "move the table" window so that it works better with high-DPI scaling.
- Settings files are better recovered after software crash or unexpected machine reboot.
- Fixed error messages with eventstore.vdb5 on slow or busy machines.

## Version 1.27.2 (release date 30-05-2019)

- Database is automatically reduced once every 60 days.
- Data is default stored for 365 days.
- Data is stored more efficiently, which means that the application requires less space and computer power.
- It is possible to disable certain tip categories by default during installation. In the application itself, the user always has the freedom to enable this tip category.
- Bug fixing when WORK & MOVE doesn't boot on Windows 8.0 and 8.1

### Version 1.23.4 (release date 07-03-2019)

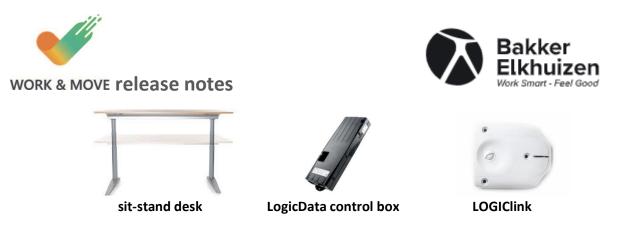
• A new WORK & MOVE logo:

WORK & MOVE

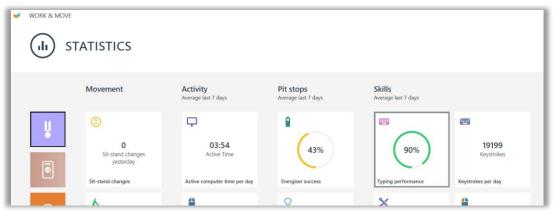
• Support LOGICdata sit-stand control boxes, connection with the WORK & MOVE software can be made using the hardware of LOGIClink.







• The Statistics screen has been redesigned, with a new column layout (Movement, Activity, Pit stops and Skills).



- The order of going through the license page with the keyboard has been improved.
- When retrieving RSS feeds (news flashes) a better calculation is done to see if the RSS feed fits on the screen.
- There is a possibility for users to explicitly log in. After logging in, a possible questionnaire tile will be shown immediately if a questionnaire is available for the user.
- There is a possibility available to disable the option RSS feeds (news flashes) completely, so that RSS feeds are no longer available for all users.
- WORK & MOVE is also available in the Microsoft store.
- We are no longer talking about the individual modules (PitStops and SitStandCOACH), but about 1 powerful application WORK & MOVE, with all available functionalities.



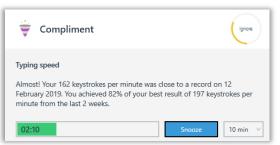




• WORK & MOVE advises the user when the selected pit stop profile does not match the work intensity (e.g. computer duration, monitoring of pit stops) of the user.

VORK & MOVE		
	OP PROFILES	
*	New profile recommended           Your current work intensity would benefit from a different Pit Stop profile. The recommended profile is shown below.           Activate recommended profile         Ignore	
	Choose your pit stop profile to set how actively you want to participate in WORK & MOVE.	
	🝷 🛓 Monitor	Active
	🔺 📄 Light	<ul> <li>Active</li> </ul>
	You will receive pit stop advice after 2 hours of continuous work.	
	✓ ₩ Pro Recommended	Active
	- Hecovery	Active

• The compliments and trophies texts have been improved and contain more information/data. *new:* 



• The tips settings screen has been redesigned and includes a logical categorization using icons.

C TIPS SETTINGS	
In this series of tips you will receive an explanation on how WORK & MOVE works along with its benefits. Restart learning on the job tips	
Enable tip categories	
• 🎓 Courses	
Acceptance and Commitment	
Getting Things Done	
• • Fun	
• 😿 Mental health i	
<ul> <li>★ Wental health</li> <li>★ I News flashes</li> <li>i</li> </ul>	
• 🛆 Others	
Physical health     i	







## Version 1.21.2 (release date 27-11-2018)

• Trophies now have a progress bar that shows the progress to the next trophy.

Shortcut keys	Typing speed

- On a Microsoft Surface, the rituals do not come to the fore at the right time. This plays a role when the Surface is closed. This is solved.
- If a PC is put into sleep mode at the end of the day and then continues on a new day, this aspect wasn't recognized as a new day, which meant that the dashboard was not shown and the first hour was not entered again without any notifications. This is fixed.
- The functionality "Stimulate movement" has been extended. There is now a possibility to always show Concentration boosts a "take a walk" pit stop..

E TIPS SE	TTINGS		
(i)	in your tips. Preferred news flashes	d Concentration boosts. You can also enable categories here, to see th	e content of a category
	Enable preferred news flashes ht Stimulate movement No additional movement		Ignore
	Go for a walk Increase frequency of movement tips	TIME TO BOOST BODY & MIND	posture for 1
	No additional movement	minutes. To rejuvenate body and mind ta have a 3 minute walk. You will feel energ concentration will be boosted.	ake a pit stop and

02:51

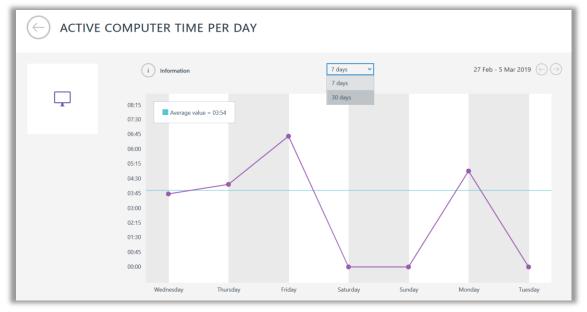


10 min





• Graphs on the Statistics page, have an overview per 7 days, but also the possibility to look back over 30 days.



- There is a possibility to activate a license by means of a link in a mail. No password is required.
- There is now a possibility to initially roll out the software without displaying screens, but with the dashboard still coming monthly (after the first month).

### Version 1.19.7 (release date: 20-09-2018)

### Functional

• Workplace passport contains a new ergo-drawing and language dependent pdf document.

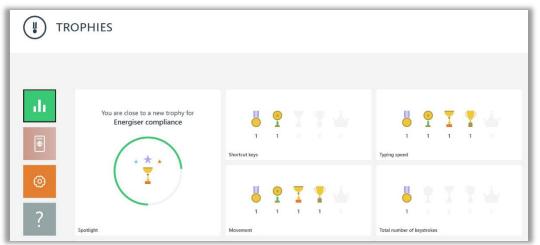
PLACE PASSPORT		
The Workplace Passport enables you to take you made to your workplace. All data in this passpont		wherever you work. It also contains a summary of the changes e-mail.
60	Chair height	Chair type
	60	cm Standard ~
	Armrest height 35	cm
35	Desk height	Desk type
	75	cm Office desk ~
60	Screen height	Viewing distance
	42	cm 60 cm



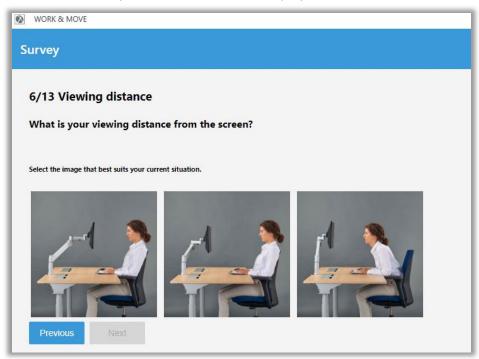




• Trophies is ready. This means a new trophy start screen, when a user unlocks a new trophy, it is shown in an Energizer.



• The survey/questionnaire functionality is available and can be deployed to users via our WORK & MOVE



portal using SAAS.

- PowerPoint mode has been added, this means when PowerPoint is running in the active presentation mode, that no Energisers, Concentration boosts, standing / sitting, Timeout and day limit and rituals are shown, these are suppressed.
- 'Learning on the job' has been added. When you use the software for the first time, the first number of Energisers and Concentration boosts will show the 'Learning on the job' content. This will explain the philosophy and operation of the WORK & MOVE application. When all these are shown, the regular pit stop messages will appear..









## Version 1.15.1 (release date 31-05-2018)

The release notes below only relate to the SitStandCOACH functionalities.

• The shortcut CTRL + WIN + S has been changed to CTRL + WIN + W, to rise or lower your sit-stand desk. Because CTRL + WIN + S by windows 10 version 1803 is used by something else.

